## Full Report (All Nutrients) 45107936, MCCORMICK, MUSHROOM GRAVY MIX, UPC: 052100090207

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Report Date: June 08, 2017 03:11 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer MCCORMICK & COMPANY, INC.

Nutrient	Unit	Data points	Std. Error	1 Tbsp 5g	1 Value Per100 g
Proximates					
Energy	kcal			20	400
Protein	g			1.00	20.00
Total lipid (fat)	g			0.50	10.00
Carbohydrate, by difference	g			3.00	60.00
Minerals					
Sodium, Na	mg			260	5200

Vitamins

Lipids

Amino Acids

Other

Ingredients

WATER STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, BEEF FAT, MUSHROOM, HYDROLYZED CORN GLUTEN, SOY PROTEIN AND WHEAT GLUTEN, ONION, CORN SYRUP SOLIDS CARAMEL COLOR, BEEF EXTRACT, CORN MALTODEXTRIN, GARLIC, SPICES, SODIUM CASEINATE (MILK), AND DISODIUM INOSINATE AND GUANYLATE (FLAVOR ENHANCERS). Date Last Updated by Company: 05/17/2016